

DIETARY

Dairy Free

• Appetizers

- Hummus
- Stuffed grape leaves
- Fries
- Falafel

• Soups and salads

- Lentil Soup
- Arabic salad
- Fattoush salad
- Tabouleh salad

• Entrees

- Chicken Tawook
- Chicken Kufta
- Beef Shish kabab
- Beef Kufta
- Falafel plate
- Veggie plate
 - Sub baba
- Falafel bowl
 - No tahini
- Kids meal
- All Sauteed options

• Sides

- Pita bread
- Rice
- Pickles and olives
- Hummus side

Has Dairy

• Appetizers

- Baba Ghanouj
- Muthawama

• Soups and salads

- Jerusalem salad

• Entrees

- Mixed meat
- Mixed Chicken
- Veggie plate
- Falafel bowl
- Chicken Shawarma Bowl
- Beef Shawarma Bowl
- Chicken Shawarma
- Beef Shawarma
- Grilled Tilapia

• Sandwiches

- Beef Shish Kabab pita
- Beef Kufta pita
- Beef Shawarma
- Falafel pita
- Chicken Tawook pita
- Chicken Kufta pita
- Chicken Shawarma

• Sides

- Garlic sauce
- Plain yogurt

Can be modified to be Dairy free

• Soups and salads

- Jerusalem salad
 - No tahini

• Entrees

- Mixed Meat
 - No Shawarmas
- Mixed Chicken
 - No Shawarmas
- Veggie plate
 - No Baba Ghanouj
- Falafel bowl
 - No Tahini
- Grilled Tilapia
 - No Tilapia sauces

• Sandwiches

- Beef Shish Kabab pita
 - No Tahini
- Beef Kufta pita
 - No Tahini
- Falafel pita
 - No Tahini
- Chicken Tawook pita
 - No Tahini
- Chicken Kufta pita
 - No Tahini

DIETARY

Vegan Options

- **Appetizers**
 - Hummus
 - Stuffed grape leaves
 - Fries
 - Falafel
- **Soups and salads**
 - Lentil Soup
 - Arabic salad
 - Fattoush salad
 - Tabouleh salad
- **Entrees**
 - Falafel plate
 - Veggie plate
 - Substitute Baba ghanouj
 - Falafel bowl
 - With no tahini
 - Sauteed all veggie
- **Sandwiches**
 - Falafel sandwich
- **Sides**
 - Pickles and olives
 - Rice
 - Hummus side

Non-Vegan Options

- **Appetizers**
 - Baba Ghanouj
 - Muthawama
- **Soups and salads**
 - Chicken Salad
- **Entrees**
 - Mixed meat
 - Mixed chicken
 - Chicken Tawook
 - Beef Shish Kabab
 - Chicken Kufta
 - Beef Kufta
 - Chicken Shawarma
 - Beef Shawarma
 - Veggie plate
 - Meat and Veggie
 - Chicken Shawarma bowl
 - Beef Shawarma bowl
 - Falafel bowl
 - Grilled Tilapia
 - Kids meal
 - Sauteed lamb & veggie
 - Sauteed beef & veggie
 - Sauteed chicken & veggie
- **Sandwiches**
 - Beef Shawarma
 - Chicken Shawarma
 - Beef Kufta
 - Chicken Kufta
 - Chicken Tawook
 - Beef Shish Kabab
 - Falafel
- **Sides**
 - Garlic sauce
 - Plain yogurt

Can be made Vegan

- **Entrees**
 - Veggie plate
 - Sub Baba Ghanouj
 - Falafel bowl
 - No Tahini
- **Sandwiches**
 - Falafel
 - No Tahini

DIETARY

Gluten Free

- **Appetizers** (served without pita bread)
 - Hummus
 - Baba Ghanouj
 - Muthawama
 - Stuffed grape leaves
- **Soups & Salads**
 - Arabic Salad
 - Jerusalem Salad
- **Sides**
 - Pickles and olives
 - Garlic sauce
 - Plain yogurt
 - Hummus Side
 - Hot sauce
 - Tahini Sauce

Falafel is gluten free but is in cross contact with a Gluten food item

Has Gluten

- **Appetizers**
 - Fries
 - Falafel (Cross-contact)
- **Soups & Salads**
 - Tabouleh
 - Lentil soup
- **Sides**
 - Rice
- **All Entrees**
- **All Sandwiches**

Can be modified to be Gluten free

- **All Entrees**
 - Substitute Rice for non-gluten Item
- **Soups & Salads**
 - Tabouleh
 - No cracked wheat